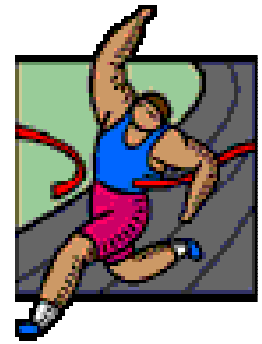




George 4th of July 5k Fun Run & Walk Saturday, July 4, 2009



- Registration:** Check in starts at 7:00 a.m.
Race begins at 8:00 a.m.
- Route:** Starting at the corner of L-14 (Virginia Street) and A-34 (Dakota Avenue).
Route consists of city streets and recreational trail-No steep inclines or declines.
(Parking available at Jurrens Funeral Home and Frontier Bank.)
- Age Brackets:** Top 3 finishers of each category will medal.
Categories include:
- | | |
|----------------------|-----------------------|
| Male age 16 & under | Female age 16 & under |
| Male age 17-30 | Female age 17-30 |
| Male age 31-55 | Female age 31-55 |
| Male age 56 and over | Female age 56 & over |
- Post Race:** Awards will be presented once the final runner has finished.
Walkers will be timed, but will receive no awards.
Refreshments will be provided at the end of the race.
- Cost:** Cost is \$15.00 if received by June 25.
\$20 if received after June 25.
Price includes the T-shirt and refreshments.
- To Register:** For additional information or to register, please contact Kristi Landis (712) 475-2862 or by e-mail at flandis@mtcnet.net.